

*City of Alexandria, Virginia*

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ALEXANDRIA COMMUNITY MENTAL HEALTH CENTER

APR 02 1987

208 NORTH WASHINGTON STREET  
ALEXANDRIA, VIRGINIA 22314-2589

E. JUDITH KRASNOW, D.S.W.  
DIRECTOR

PHONE: 836-5751

M E M O R A N D U M

TO: MICHAEL O'BRIEN, DIRECTOR *info*  
FROM: CONSTANCE FORTIN, MSW  
DATE: APRIL 2, 1987  
SUBJ: ALEXANDER CAMERON

I would like to call your attention to the above named inmate who ingested 4 ounces of peroxide on March 30, 1987 in an apparent suicide attempt. The inmate is charged with rape.

An examination at that time Mr. Cameron appeared significantly depressed and made statements such as "will they put me to sleep, if I ask for it, "I am tired of everything, I just want to leave". He has refused to state that he would not try another suicidal act.

As a means of monitoring and continuing any further attempts, Mr. Cameron was placed in lock down and stripped. He has remained in that state with 15-minute checks for the past 4 days. He was prescribed Sinegrian, an anti-depressant medication, with no observable results.

Today he continues in his depressed state, he is non-communicative, shows flatness of affect, and decreased motor activity. He has complaints of severe headaches, inability to sleep and no appetite. He does not appear to be manipulating.

After four days, of attempting to intervene and remedy the depression and suicidal idealism, there does not appear to be any expectation that the situation will resolve itself in the near future. The risk of another suicide attempt is grave. Therefore, hospital treatment is recommended at this time. Central State hospital would be the appropriate facility in light of his charge.

~~APPENDIX "L" ATTACHMENT~~

"J"